

## Family and Consumer Sciences General

**Award Type:** Associate in Science

The associate degree program in Family and Consumer Sciences (FCS), general option, prepares students to transfer to teacher education or career pathway programs at four-year schools and for productive family living and wise consumer decisions. Employment opportunities are as high school family and consumer sciences teachers or to work in businesses and agencies serving families. Students synthesize scientific and artistic information with regards to sociological and cultural perspective to make lifestyle changes that improve their quality of life.

**The graduate of the Associate in Science in Family and Consumer Sciences General will:**

- Synthesize and apply nutrition science information and culinary techniques and make lifestyle changes that improve health and promote longevity.
- Will analyze and direct their financial affairs with regards to short and long term plans.
- Will design and implement life management strategies and goals to improve their quality of life.
- Will integrate fashion principles, textile characteristics and personal style with marketing strategies to create and present projects and portfolios tailored to their chosen career.
- Will compare and contrast family and relationships dynamics from a sociological and cultural perspective.

### Program Requirements

**A major of 24 units is required for the associate in science degree.**

**Required core courses (18 units):**

Course Number	Course Title	Units
BUS 130	Consumer & Family Finance	3.0
	or	
ECON 130	Consumer and Family Finance	3.0
	or	
FCS 130	Consumer and Family Finance	3.0
CA 120	Principles of Foods 1	4.0
CA 123	Principles of Foods 2	2.0
FASH 103	Textiles	3.0
FASH 110	Apparel Construction 1	3.0
FSN 110	Nutrition Science	3.0

**3 units selected from the following based on the university you are transferring to:**

Course Number	Course Title	Units
PSY 118	Human Development - Lifespan	3.0
FASH 102	Fashion Design Analysis	3.0

**3 units selected from the following based on the university you are transferring to:**

Course Number	Course Title	Units
ECS 100	Child Growth and Development	3.0
ECS 101	Child, Family and Community	3.0