

Psychology

PSY 101 General Psychology

3.0 units

Acceptable for credit: Transfer to UC, CSU

C-ID Course Number: PSY 110

Advisories: ENGL 101 - Freshman Composition: Exposition

An Introduction to the concepts, methods, and techniques of psychology. Including critical thinking, nervous system, perception, learning, motivation, emotion, stress, prejudice, human interactions and social influences, psychological disorders and therapy. (Letter Grade or Pass/No Pass)

PSY 105 Research Methods in Psychology

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: PSY 200

Advisories: ENGL 101 - Freshman Composition: Exposition

Prerequisite: MATH 123 - Elementary Statistics ; and PSY 101 - General Psychology

This psychology based research methods class will cover the scientific method and various research approaches. Topics covered consist of sampling procedures, descriptive research including observational and correlational studies, experimental research including single and multi-factorial designs, quantitative and qualitative research methods, and ethics in psychological research. Students will apply APA methodology, read, evaluate and interpret research papers, and relate the scientific method to real world situations. Math 123 and Psy 101 are prerequisites for this class. English 101 is strongly advised for this class. (Letter Grade or Pass/No Pass)

PSY 106 Alcohol, Other Drugs, and Addiction

3.0 units

Acceptable for credit: Transfer CSU

An overview of the role of alcohol and other drugs in society with emphasis on such topics as patterns of use, major categories of drugs, use/misuse/addiction, and approaches to prevention, intervention, and treatment. This course is not open to students who are enrolled in or have received credit for SOC 106 or HUSV 110. (Fall, Spring) (Letter Grade Only)

PSY 112 Human Sexuality

3.0 units

Acceptable for credit: Transfer to UC, CSU

C-ID Course Number: PSY 130

Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology

This course is an introductory overview of the human sexual condition from the perspective of the diverse cultural, sociological and psychological aspects within the United States as well as other countries/cultural. Students will be encouraged to become aware of their own sexual values, attitudes and related behaviors as well as being tolerant of sexual expression/orientation different from their own experience. This course will emphasize social patterns of sexual behavior, sexuality lifespan, sexual norms and abnormalities as well as historical and current sexual problems. (Letter Grade or Pass/No Pass)

PSY 113 Theories Of Personality

3.0 units

Acceptable for credit: Transfer to UC, CSU

Advisories: PSY 101 - General Psychology

Prerequisite: ENGL 101 - Freshman Composition: Exposition

This course covers major contemporary personality theories, compare and contrast diverse personality perspectives, and applies the theoretical principles to personality, psychological health, and psychological growth. (Letter Grade Only)

PSY 117 Child Psychology

3.0 units

Acceptable for credit: Transfer to UC, CSU

Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology

Examines the multicultural four stage development of the child from conception through adolescence: first two years, early childhood, middle childhood and adolescence. Each stage is approached from the biosocial development, cognitive development and psychosocial development perspectives. This course includes various psychological theories fundamental to the child's development, effects of heredity and the environment, parenting styles, attachment as well as issues related to prenatal development and birth. (Letter Grade or Pass/No Pass)

PSY 118 Human Development - Lifespan

3.0 units

Acceptable for credit: Transfer to UC, CSU

C-ID Course Number: PSY 180

Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology

A balanced study of basic theories, research, and principles of physical, cognitive, and psychosocial development from conception to death is presented in an integrated manner; includes behavior, sexuality, nutrition, health, stress, environmental relationships, and implications of death and dying. (Fall) (Letter Grade or Pass/No Pass)

PSY 119 Abnormal Psychology

3.0 units

Acceptable for credit: Transfer to UC, CSU

C-ID Course Number: PSY 120

Advisories: ENGL 101 - Freshman Composition: Exposition ; READ 110 - Introduction to Critical Reading ; and PSY 101 - General Psychology

This course introduces students to the scientific study of broadly defined psychopathology and atypical or abnormal behaviors. Students will be required to investigate these abnormal behaviors from a variety of perspectives including biological, psychological, and sociocultural approaches. Theory and research in abnormal behavior, as well as intervention and prevention strategies for psychological disorders are also introduced. (Spring) (Letter Grade or Pass/No Pass)

PSY 121 Social Psychology

3.0 units

Acceptable for credit: Transfer to UC, CSU

C-ID Course Number: PSY 170

Prerequisite: PSY 101 - General Psychology ; and ENGL 101 - Freshman Composition: Exposition

An examination of how human behavior, attitudes, emotions, and thoughts are affected by the social situation. Topics include self-concept, intimate relationships, prejudice, obedience to authority, social influence, group-decision making, and multicultural relations. The use of social psychology in understanding diversity, sexism, and international conflicts is discussed. This course meets the Social Science GE requirement. (Letter Grade Only)

PSY 122 States of Consciousness

3.0 units

Acceptable for credit: Transfer CSU

An exploration of different states of consciousness, the means of attaining those states, their uses, misuses, and consequences. Topics include theories of consciousness, neural correlates of conscious experience, substance use disorders, sleep, dreams, hypnosis, dissociation and dissociation disorders, out-of-body states, near-death experiences, paranormal phenomena, meditation, non-Western methods of altering consciousness, and peak experiences. This course is not open to students who are enrolled in or who have received credit for HUSV 122 or ANTH 122. (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 127 Emotional Intelligence

3.0 units

Acceptable for credit: Transfer CSU

An introduction to Emotional Intelligence - a set of abilities and skills concerned with perceiving and managing emotional states in oneself and others. The neurobiology of emotions, how emotional states "hijack" people's behavior, and the application of emotional intelligence in a variety of personal and interpersonal situations are emphasized. This course is not open to students who are enrolled in or who have received credit for HUSV 127. (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 128 Positive Psychology

3.0 units

Acceptable for credit: Transfer CSU

An introduction to the psychological study of the positive, adaptive, creative, and emotionally fulfilling elements of human behavior and the factors that contribute to people being happy, productive, and well adjusted. This course is not open to students who are enrolled in or who have received credit for Human Services 128. (F,S) (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 132 Drugs, the Brain and the Body

3.0 units

Acceptable for credit: Transfer CSU

Advisories: HUSV 110 - Alcohol, Other Drugs, and Addiction ; or SOC 106 - Alcohol, Other Drugs, and Addiction ; or PSY 106 - Alcohol, Other Drugs, and Addiction

Provides an overview of the pharmacology of drugs in substance use disorders with emphasis on drug effects, how drug effects occur, how the body processes drugs, and health consequences of drug use and addiction. Physiologic aspects of addiction and tolerance are explored. Pharmacologic interventions are integrated with other substance use disorder treatment modalities. This course is not open to students

who are enrolled in or have received credit for PSY 132. (Fall, Spring) (Letter Grade Only)

PSY 142 Co occurring Disorders Engagement

3.0 units

Acceptable for credit: Transfer CSU

Concepts, definitions, and features of co-occurring mental health and substance use disorders emphasizing attainment of empathic engagement with persons who have these disorders. This course is not open to students who are enrolled in or who have received credit for HUSV 142. (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 143 Co Occurring Disorders: Integrated Interventions

3.0 units

Acceptable for credit: Transfer CSU

Advisories: HUSV 142 - Co-occurring Disorders: Engagement ; or PSY 142 - Co occurring Disorders Engagement

A study of the intervention to benefit persons who have both psychiatric problems and alcohol or other drug use problems. This course is not open to students who are enrolled in or who have received credit for HUSV 143. (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 189 Independent Projects

1.0 - 3.0 units

Acceptable for credit: Transfer CSU

Courses for students capable of independent work who demonstrate the need or desire for additional study beyond the regular curriculum. Enrollment allows students to pursue activities such as directed field experience, research, or development of skills and competencies under faculty advisement and supervision. Independent projects may be earned in most disciplines. Students wishing to enroll in Independent Projects should contact the appropriate instructor identified in the class schedule. If the project proposed is acceptable to that instructor, a contract will be developed. All contracts for these classes must be completed and submitted to the Records Office no later than the end of the second week of the semester. Students may enroll for any combination (unit value) of Independent Projects 189 and/or 389 for a total of four semesters in a specific discipline. Units are awarded depending upon satisfactory performance and the amount of time committed by the student to the course. Allowable units vary according to discipline, and are based on the following formula: 1 unit - 48 hours per semester 2 units - 96 hours per semester 3 units - 144 hours per semester (Letter Grade Only)