

Parenting (Noncredit)

PARN 7002 Topics of Parenting

8.0 - 9.0 hours

Acceptable for credit: N - Noncredit

This lab course covers a wide range of parent education topics including hands-on experience on good parenting skills. This course is mandatory for all parents whose children are enrolled in Allan Hancock College's Campus Children's Center. (Fall, Spring) (Noncredit)

PARN 7010 Strengthening Families

8.0 - 10.0 hours

Acceptable for credit: N - Noncredit

This course presents the knowledge and skills necessary to successfully guide, discipline, and communicate with children. Students learn parenting styles and healthy living skills to meet current challenges facing families. (Fall, Spring) (Noncredit)

PARN 7011 Mommy/Daddy & Me: Toddlers

16.0 - 18.0 hours

Acceptable for credit: N - Noncredit

Students in this course participate in discussions facilitated by an experienced parent educator and covers important topics such as emerging independence, sleep issues, nutrition, and self-esteem. Parents learn play activities featuring easel painting, art experiences, outdoor play, music, and exploration of new environments. (Fall, Spring, Summer) (Noncredit)