

Psychology

Award Type: Associate in Arts

The associate degree program in psychology prepares students to move into a curriculum in a four-year institution leading to a baccalaureate degree in psychology.

The graduate of the Associate in Arts in Psychology will:

- Describe the major contemporary personality theories and will be able to apply the concepts to psychological health, principles of adjustment and growth.
- Define, describe and evaluate the developmental process of the child from conception through adolescence with an emphasis on various psychological theories contributing to the development, parent-child relationships, various childhood disorders and therapies.
- Define, describe and evaluate the psychosocial human lifespan/development starting from conception through death; including major concepts related to behavior, sexuality, nutrition, health, stress, environmental relationships, and implication of death and dying.
- Describe and compare the basic knowledge about statistical analysis of data, including descriptive and inferential statistics with application.
- Critically evaluate the soundness of information which they encounter in the media and popular psychology publications.
- Understand the cultural influences on human behavior and mental processes.
- Describe major research findings regarding human behavior and mental processes.

Program Requirements

A major of 25 units is required for the associate in arts degree. Required core courses (13 units):

Course Number	Course Title	Units
MATH 123	Elementary Statistics	4.0
PSY 101	General Psychology	3.0
PSY 113	Theories Of Personality	3.0
PSY 117	Child Psychology	3.0
	or	
PSY 118	Human Development - Lifespan	3.0

Plus a minimum of 12 units selected from the following:

Course Number	Course Title	Units
ANTH 101	Introduction to Biological Anthropology	3.0
ANTH 102	Introduction to Cultural Anthropology	3.0
HUSV 106	Family Systems, Addiction & Trauma	3.0
PSY 112	Human Sexuality	3.0
PSY 119	Abnormal Psychology	3.0
PSY 121	Social Psychology	3.0
SOC 101	Introduction to Sociology	3.0
SOC 110	Introduction to Marriage & Family	3.0

Recommended electives:

Course Number	Course Title	Units
BIOL 100	Introductory Biology	4.0
BIOL 124	Human Anatomy	4.0
BIOL 125	Human Physiology	4.0
MATH 135	Calculus with Applications	4.0

PSY 128	Positive Psychology	3.0
	or	
HUSV 128	Positive Psychology	3.0