

Human Services: Co Occuring Disorders

Award Type: Certificate of Achievement

This certificate program is designed for students preparing for or advancing their careers in social services, mental health or addiction treatment where it is beneficial to possess knowledge of the special needs of persons with both mental illness and substance use disorders. Persons with co-occurring disorders, also called dual diagnosis or dual disorders, have long been overlooked or underserved by the traditionally separated mental health and addiction treatment fields, but a movement is underway in many agencies, including Santa Barbara County's drug, alcohol and mental health services, resulting in sweeping changes in how all clients and their needs are conceptualized and how services are coordinated and integrated. A certificate in this field will put graduates in the forefront of this movement and may significantly enhance opportunities for employment or promotion.

The graduate of the Certificate of Achievement in Human Services: Co Occuring Disorders will:

- Possess knowledge and skills that will enable them to competently and ethically carry out the duties and responsibilities of jobs in specialized settings with clients who have complex and multiple needs as the result of having one or more substance use disorders and one or more mental disorders, occurring together. The knowledge and skills that they will possess fall under the following three rubrics: (1) Interpersonal Helping Skills; (2) Ethics and Boundaries; and (3) Documentation.
- Interpersonal Helping Skills: Graduates will possess interpersonal skills required to engage empathically with clients who have co-occurring disorders, develop safe and trusting relationships with them, assess their strengths and problems and recommend appropriate interventions and/or referrals. They will demonstrate the ability to manifest the core conditions of helping relationships, including empathy, non-possessive warmth, genuineness and congruence. They will recognize the importance of the family and societal contexts in which their clients live and utilize this information in providing helping services. They will understand the importance of, and demonstrate the ability to work as part of, a comprehensive, continuous, integrated system of care.
- Ethics and Boundaries: Graduates will be familiar with a professional association's code of ethics and demonstrate the ability to behave in accord with it. They will be able to define appropriate professional relationship boundaries and detect when these boundaries are crossed or violated. They will be able to maintain client confidentiality and know the conditions under which confidentiality must be breached. They will demonstrate an understanding of the principles of culturally competent practice.
- Documentation: Graduates will demonstrate the ability to create and maintain appropriate client documentation, including intake notes, service or treatment plans, progress notes, discharge notes and other documentation such as informed consent and release of information forms.

Program Requirements

A total of 49 units is required for the certificate. Required core courses (46 units):

Course Number	Course Title	Units
FCS 131	Life Management	3.0
HUSV 101	Introduction to Human Services: Becoming a Helping Professional	3.0
HUSV 102	Case Management Skills	3.0
HUSV 103	Basic Counseling Skills	3.0
HUSV 104	Group Dynamics	3.0
HUSV 106	Family Systems, Addiction & Trauma	3.0
HUSV 110	Alcohol, Other Drugs, and Addiction	3.0
	or	
PSY 106	Alcohol, Other Drugs, and Addiction	3.0
	or	
SOC 106	Alcohol, Other Drugs, and Addiction	3.0
HUSV 108	Crisis Intervention Skills	3.0
HUSV 111	Addiction Treatment and Recovery	3.0
HUSV 130	Addiction Studies Practicum	4.0
HUSV 131	Addiction Studies Practicum Seminar	2.0
HUSV 132	Drugs, the Brain and the Body	3.0

	or	
PSY 132	Drugs, the Brain and the Body	3.0
HUSV 140	Co-Occurring Disorders Practicum	2.0
	or	
HUSV 170	Concurrent Human Services Practicum	2.0 - 4.0 units
HUSV 141	Co-Occurring Disorders Practicum Seminar	2.0
HUSV 142	Co-Occurring Disorders: Engagement	3.0
	or	
PSY 142	Co-Occurring Disorders Engagement	3.0
HUSV 143	Co-Occurring Disorders: Integrated Interventions	3.0
	or	
PSY 143	Co-Occurring Disorders: Integrated Interventions	3.0

Plus a minimum of 3 units selected from the following:

Course Number	Course Title	Units
FSN 112	Behavioral Nutrition	3.0
HUSV 107	Serving Culturally Diverse Clients	3.0
HUSV 113	Women and Addiction	3.0

Recommended elective

Course Number	Course Title	Units
HUSV 122	States Of Consciousness	3.0