Psychology

PSY 101 General Psychology 3.0 units
Acceptable for credit: Transfer to UC, CSU
C-ID Course Number: PSY 110
Advisories: ENGL 101 - Freshman Composition: Exposition
An Introduction to the concepts, methods, and techniques of psychology. Including critical thinking, nervous system, perception, learning, motivation, emotion, stress, prejudice, human interactions and social influences, psychological disorders and therapy. (Letter Grade or Pass/No Pass)

PSY 104 Social Science Research Method 3.0 units
Acceptable for credit: Transfer to UC, CSU
Advisories: SOC 101 - Introduction to Sociology ; or PSY 101 - General Psychology
An introduction to sociological/psychological research methods. Presents the research process from topic selection through data collection for a variety of methods such as surveys, experiments, in-depth interviews, content analysis and comparative/historical research. This course is not open to students who are enrolled in or have received credit for Sociology 104. (F,S) (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 105 Research Methods in Psychology 3.0 units
Acceptable for credit: Transfer CSU
C-ID Course Number: PSY 200
Advisories: ENGL 101 - Freshman Composition: Exposition
Prerequisite: MATH 123 - Elementary Statistics ; and PSY 101 - General Psychology
This psychology based research methods class will cover the scientific method and various research approaches. Topics covered consist of sampling procedures, descriptive research including observational and correlational studies, experimental research including single and multi-factorial designs, quantitative and qualitative research methods, and ethics in psychological research. Students will apply APA methodology, read, evaluate and interpret research papers, and relate the scientific method to real world situations. Math 123 and Psy 101 are prerequisites for this class. English 101 is strongly advised for this class. (Letter Grade or Pass/No Pass)

PSY 106 Alcohol, Drugs, and Addiction 3.0 units
Acceptable for credit: Transfer CSU
An overview of the role of alcohol and other drugs in society with emphasis on such topics as patterns of use; major categories of drugs; explanations of use, abuse and dependency; as well as prevention, intervention, and treatment. This course is not open to students who are enrolled in or have received credit for Human Services 106 or Sociology 106. (F,S) (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 112 Human Sexuality 3.0 units
Acceptable for credit: Transfer to UC, CSU
C-ID Course Number: PSY 130
Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology
This course is an introductory overview of the human sexual condition from the perspective of the diverse cultural, sociological and psychological aspects within the United States as well as other countries/cultural. Students will be encouraged to become aware of their own sexual values, attitudes and related behaviors as well as being tolerant of sexual expression/orientation different from their own experience. This course will emphasize social patterns of sexual behavior, sexuality lifespan, sexual norms and abnormalities as well as historical and current sexual problems. (Letter Grade or Pass/No Pass)

PSY 113 Theories Of Personality 3.0 units
Acceptable for credit: Transfer to UC, CSU
Advisories: PSY 101 - General Psychology
Prerequisite: ENGL 101 - Freshman Composition: Exposition
This course covers major contemporary personality theories, compare and contrast diverse personality perspectives, and applies the theoretical principles to personality, psychological health, and psychological growth. (Letter Grade Only)

PSY 117 Child Psychology 3.0 units
Acceptable for credit: Transfer to UC, CSU
Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology
Examines the multicultural four stage development of the child from conception through adolescence: first two years, early childhood, middle childhood and adolescence. Each stage is approached from the biosocial development, cognitive development and psychosocial development perspectives. This course includes various psychological theories fundamental to the child's development, effects of heredity and the environment, parenting styles, attachment as well as issues related to prenatatal development and birth. (Letter Grade or Pass/No Pass)

PSY 118 Human Development - Lifespan 3.0 units
Acceptable for credit: Transfer to UC, CSU
C-ID Course Number: PSY 180
Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology
A balanced study of basic theories, research, and principles of physical, cognitive, and psychosocial development from conception to death is presented in an integrated manner; includes behavior, sexuality, nutrition, health, stress, environmental relationships, and implications of death and dying. (Fall) (F,S) (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 119 Abnormal Psychology 3.0 units
Acceptable for credit: Transfer to UC, CSU
C-ID Course Number: PSY 120
Advisories: ENGL 101 - Freshman Composition: Exposition ; and PSY 101 - General Psychology
This course introduces students to the scientific study of broadly defined psychopathology and atypical or abnormal behaviors. Students will be required to investigate these abnormal behaviors from a variety of perspectives including biological, psychological, and sociocultural approaches. Theory and research in abnormal behavior, as well as intervention and prevention strategies for psychological disorders are also introduced. (Spring) (Letter Grade or Pass/No Pass)

PSY 121 Social Psychology 3.0 units
Acceptable for credit: Transfer to UC, CSU
C-ID Course Number: PSY 170
Prerequisite: PSY 101 - General Psychology ; and ENGL 101 - Freshman Composition: Exposition
An examination of how human behavior, attitudes, emotions, and thoughts are affected by the social situation. Topics include self-concept, intimate relationships, prejudice, obedience to authority, social influence, group-decision making, and multicultural relations. The use of social psychology in understanding diversity, sexism, and international conflicts is discussed. This course meets the Social Science GE requirement. (Letter Grade Only)
PSY 122 States of Consciousness: A Multidisciplinary Exploration 3.0 units
Acceptable for credit: Transfer CSU
An exploration of different states of consciousness, the means of attaining those states, their uses, misuses, and consequences. Topics include theories of consciousness, substance use and abuse, sleep, dreams, hypnosis, dissociation, out-of-body states, near-death experiences, psychic and paranormal phenomena, religious ecstasy and conversion, alternative religions, meditation, and prayer, culture-bound syndromes, non-Western methods of altering consciousness, and peak experiences. This course is not open to students who are enrolled in or who have received credit for Human Services 122 or Anthropology 122. (F,S) (Letter Grade or Pass/No Pass)

PSY 127 Emotional Intelligence 3.0 units
Acceptable for credit: Transfer CSU
An introduction to Emotional Intelligence - a set of abilities and skills concerned with perceiving and managing emotional states in oneself and others. The neurobiology of emotions, how emotional states "hijack" people's behavior, and the application of emotional intelligence in a variety of personal and interpersonal situations are emphasized. This course is not open to students who are enrolled in or who have received credit for Human Services 127. (F,S) (Letter Grade or Pass/No Pass)

PSY 128 Positive Psychology 3.0 units
Acceptable for credit: Transfer CSU
An introduction to the psychological study of the positive, adaptive, creative, and emotionally fulfilling elements of human behavior and the factors that contribute to people being happy, productive, and well adjusted. This course is not open to students who are enrolled in or who have received credit for Human Services 128. (F,S) (Fall, Spring) (Letter Grade or Pass/No Pass)

PSY 132 Drugs, the Brain and the Body 3.0 units
Acceptable for credit: Transfer CSU
Advisories: HUSV 110 - Alcohol, Drugs, and Addiction; or SOC 106 - Alcohol, Drugs, and Addiction; or PSY 106 - Alcohol, Drugs, and Addiction
Overview of the pharmacology of drugs of abuse with emphasis on drug effects, how drug effects occur, how the body processes drugs, and health consequences of drug abuse. Physiologic aspects of addiction and the body processes drugs, and health consequences of drug abuse. Physiologic aspects of addiction and tolerance are explored. Pharmacologic interventions are integrated with other substance abuse modalities. This course is not open to students who are enrolled in or who have received credit for Human Services 132. (Letter Grade Only)

PSY 142 Co Occurring Disorders Engagement 3.0 units
Acceptable for credit: Transfer CSU
Concepts, definitions, and features of co-occurring mental health and substance use disorders emphasizing attainment of empathic engagement with persons who have these disorders. This course is not open to students who are enrolled in or who have received credit for HUSV 142. (F,S) (Letter Grade or Pass/No Pass)

PSY 143 Co Occurring Disorders Treatment 3.0 units
Acceptable for credit: Transfer CSU
Advisories: HUSV 142 - Co Occurring Disorders Engagement; or PSY 142 - Co Occurring Disorders Engagement
A study of the treatment of persons who have both psychiatric problems and alcohol or other drug use problems. This course is not open to students who are enrolled in or who have received credit for HUSV 143. (F,S) (Letter Grade or Pass/No Pass)