

## Intercollegiate Athletics

### PEIA 100 Intercollegiate Football

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitation on repeats if CCCAA eligible. Designed to give students extensive practice and instruction in football to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall) (Letter Grade or Pass/No Pass)

### PEIA 105 Intercollegiate Soccer, Women

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible. Designed to give students extensive practice and instruction in soccer to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall) (Letter Grade or Pass/No Pass)

### PEIA 110 Intercollegiate Soccer, Men

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible. Designed to give students extensive practice and instruction in soccer to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall) (Letter Grade or Pass/No Pass)

### PEIA 120 Intercollegiate Cross-Country

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible. Designed to give students extensive practice and instruction in cross-country to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall) (Letter Grade or Pass/No Pass)

### PEIA 125 Intercollegiate Volleyball

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in volleyball to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall) (Letter Grade or Pass/No Pass)

### PEIA 130 Intercollegiate Basketball, Men

#### 1.5 - 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in basketball to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall, Spring) (Letter Grade or Pass/No Pass)

### PEIA 135 Intercollegiate Basketball, Women

#### 1.5 - 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in basketball to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Fall, Spring) (Letter Grade or Pass/No Pass)

### PEIA 140 Intercollegiate Baseball

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in baseball to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Spring) (Letter Grade or Pass/No Pass)

### PEIA 145 Intercollegiate Softball

#### 3.0 units

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to prepare students to compete in intercollegiate competition. Fundamentals of softball and advanced technique and strategy will be stressed as in any intercollegiate sport. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Spring) (Letter Grade or Pass/No Pass)

### **PEIA 150 Intercollegiate Track, Men**

**3.0 units**

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in track to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Spring) (Letter Grade or Pass/No Pass)

### **PEIA 155 Intercollegiate Track, Women**

**3.0 units**

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Designed to give students extensive practice and instruction in track to prepare them for intercollegiate competition. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Spring) (Letter Grade or Pass/No Pass)

### **PEIA 170 Intercollegiate Golf**

**3.0 units**

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitations on repeats if CCCAA eligible.

Extensive practice and instruction in course management skills and techniques that prepares the student for intercollegiate golf competition. Competition includes individual and team matches, tournaments and conference tournaments. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA eligible. (Spring) (Letter Grade or Pass/No Pass)

### **PEIA 180 Intercollegiate Swimming, Men**

**3.0 units**

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitation on repeats if CCCAA eligible. Designed to prepare students to compete in intercollegiate competition. Fundamentals of swimming and advanced technique and strategy will be stressed as in any intercollegiate sport. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA (California Community College Athletic Association) eligible. (Fall, Spring) (Letter Grade or Pass/No Pass)

### **PEIA 185 Intercollegiate Swimming, Women**

**3.0 units**

Acceptable for credit: Transfer CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitation on repeats if CCCAA eligible. Designed to prepare students to complete in intercollegiate competition. Fundamentals of swimming and advanced technique and strategy will be stressed as in any intercollegiate sport. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA (California Community College Athletic Association) eligible. (Spring) (Letter Grade or Pass/No Pass)

### **PEIA 188 Intercollegiate Water Polo, Women**

**3.0 units**

Acceptable for credit: Transfer CSU

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitation on repeats if CCCAA eligible. Designed to prepare students to compete in intercollegiate competition. Fundamentals of water polo and advanced technique and strategy will be stressed as in any intercollegiate sport. Attendance at intercollegiate events associated with this course will be required of students. Students may repeat this course if they are CCCAA (California Community College Athletic Association) eligible. (Fall, Spring) (Letter Grade or Pass/No Pass)

### **PEIA 195 Intercollegiate Conditioning**

**0.5 - 3.0 units**

Acceptable for credit: Transfer to UC, CSU

Repeatable: 12.00

Limitations on Enrollment: Instructor recommendation and CCCAA (California Community College Athletic Association) eligibility required, with no limitation on repeats if CCCAA eligible. Designed to permit students to utilize an individualized strength and body-building program using a combination of exercise machines and free weights in preparation for participation in intercollegiate competition. Students may not be concurrently enrolled in PE 140 or PE 141. Students will additionally engage in a variety of activities designed to enhance skill development and performance capabilities required for successful participation in future competitive intercollegiate sport circumstances and events. Students may repeat this course if they are CCCAA (California Community College Athletic Association) eligible. (Fall, Spring, Summer) (Letter Grade or Pass/No Pass)