

Parenting (Noncredit)

PARN 7002 Topics of Parenting

6.0 - 16.0 hours

Acceptable for credit: N - Noncredit

This course covers a wide variety of topics related to parent/family education. The topics will vary each term, dependent upon the needs of the parents/families enrolled in the course. Topics may include, but not be limited to the following: child growth and development, family literacy, 5 protective factors, health, safety, nutrition, family financial literacy, community resources, and other relevant topics based on family requests. (Fall, Spring) (Noncredit)

PARN 7010 Strengthening Families

8.0 - 10.0 hours

Acceptable for credit: N - Noncredit

This course presents the knowledge and skills necessary to successfully guide, discipline, and communicate with children. Students learn parenting styles and healthy living skills to meet current challenges facing families. (Fall, Spring) (Noncredit)

PARN 7011 Mommy/Daddy and Me: Toddlers

16.0 - 18.0 hours

Acceptable for credit: N - Noncredit

Students in this course participate in discussions facilitated by an experienced parent educator and covers important topics such as emerging independence, sleep issues, nutrition, and self-esteem. Parents learn play activities featuring easel painting, art experiences, outdoor play, music, and exploration of new environments. (Fall, Spring, Summer) (Noncredit)