

Human Services

HUSV 101 Introduction to Human Services: Becoming a Helping Professional

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An introduction to a variety of aspects relating to human service helping professionals, including required education/training, certification/licensure, ethical/legal issues, motives, values, cultural sensitivity/competency, special populations, life transitions, transference/countertransference, boundary issues, stress, burnout, and self-care. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 102 Case Management Skills

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An introduction to basic concepts and skills of case management with diverse populations including cultural competence, ethics, intakes, assessment, case planning, referrals, implementation and documentation. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 103 Basic Counseling Skills

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Introduction to counseling skills for the human services worker with applications to different work settings and diverse populations. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 104 Group Dynamics

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Explores the process and content of counseling groups and families. Topics include developmental stages of groups, group formation, constructive and ineffective processes, behavioral ground rules, interventions, entry into and exit from groups, ethics, cultural and ethnic diversity, documentation of client behavior, and self-awareness in group situations. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 106 Family Systems, Addiction and Trauma

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Examines family systems dynamics and intergenerational transmission of addiction, and the interacting effects of these phenomena with abuse and psychological trauma. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 107 Serving Culturally Diverse Clients

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Survey of culturally competent strategies and approaches for working in human service settings with clients who are culturally, ethnically, and physically diverse. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 108 Crisis Intervention Skills

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Training in basic crisis intervention skills and application of these skills to a wide range issues, situations, and settings including domestic abuse, suicide, sexual assault, addiction, post traumatic stress, and losses including deaths. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 110 Alcohol, Other Drugs, and Addiction

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An overview of the role of alcohol and other drugs in society with emphasis on such topics as patterns of use, major categories of drugs, use/misuse/addiction, and approaches to prevention, intervention, and treatment. This course is not open to students who are enrolled in or have received credit for SOC 106 or PSY 106. (Fall, Spring) (Letter Grade Only)

HUSV 111 Addiction Treatment and Recovery

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Advisories: HUSV 102 - Case Management Skills ; HUSV 103 - Basic Counseling Skills ; HUSV 110 - Alcohol, Other Drugs, and Addiction or PSY 106 or SOC 106

Survey of the theory, practice, and process of addiction treatment including such topics as ethics; assessment and diagnosis; planning; case management; cultural diversity; counseling strategies; aftercare; motivational interviewing; harm reduction; and relapse prevention. (Fall) (Letter Grade Only)

HUSV 112 Motivational Interviewing and Nonconfrontational Approaches

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

This course presents a non-confrontational communication approach, Motivational Interviewing, designed to facilitate change in people who suffer from substance use, mental health, medical health, and lifestyle problems. The course presents theory and provides opportunities to practice evidence-based communication skills. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 113 Women and Addiction

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An overview of major issues related to women who have substance use problems and disorders. Topics include effects on pregnancy, drug-exposed children, family relationships, feminist issues, women's reactions to substances, and women's specific

addiction treatment needs. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 120 Human Services (General) Practicum

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: NUMBER OF TIMES COURSE CAN BE REPEATED: Students enrolled in Cooperative Work Experience may earn up to 8 units of credit per semester not to exceed 16 units in total. Any units earned in any other Cooperative Work Experience course will be included in the 16 unit maximum. Permission of instructor required if student has not satisfactorily completed all other requirements in the certificate prior to enrolling. To participate in Cooperative Work Experience in HUSV 120: (1) students must be volunteering or working in the social services or interpersonal helping field or related field, (2) students must be able to become involved in new or expanded responsibilities on the job if they are using a job at which they are already employed for this course, (3) the employer must be willing to cooperate with the college in the supervision and evaluation of the student, and (4) the student must attend all coordination/consultation meetings in addition to other work and class responsibilities. Students enrolled in HUSV 120 may earn 2 units of credit by completing 120 hours of work experience if unpaid or 150 hours if paid. CWE Units Unpaid Placement: 1 unit 60 hours 2 units 120 hours 3 units 180 hours 4 units 240 hours 5 units 300 hours 6 units 360 hours 7 units 420 hours 8 units 480 hours CWE Units Paid Placement: 1 unit 75 hours 2 units 150 hours 3 units 225 hours 4 units 300 hours 5 units 375 hours 6 units 450 hours 7 units 525 hours 8 units 600 hours

Taken together with HUSV 121, HUSV 120 is the capstone course of the Human Services (General) Certificate or degree. Provides students with supervised work experience in a social service or interpersonal helping agency or facility (2 units 120-150 hours) required. Permission of instructor is required if the student has not satisfactorily completed all other requirements in the degree or certificate prior to enrolling. (Fall, Spring) (Letter Grade Only)

HUSV 121 Human Services (General) Practicum Seminar

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Provides students with a seminar format in which to discuss, analyze, and critically evaluate their fieldwork experience in local human services agencies as it relates to Human Services. Designed for the student who is enrolled in HUSV 120. (Fall, Spring) (Letter Grade Only)

HUSV 122 States Of Consciousness

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An exploration of different states of consciousness, the means of attaining those states, their uses, misuses, and consequences. Topics include theories of consciousness, neural correlates of conscious experience, substance use disorders, sleep,

dreams, hypnosis, dissociation and dissociative disorders, out-of-body states, near-death experiences, paranormal phenomena, meditation, non-Western methods of altering consciousness, and peak experiences. This course is not open to students who are enrolled in or who have received credit for PSY 122 or ANTH 122. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 126 Meditation, Mindfulness, and Stress Reduction

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: NA

An introduction to the practices of meditation, mindfulness, and stress reduction including their origins in both Western and non-Western cultures, and their physiological and psychological benefits. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 127 Emotional Intelligence

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An introduction to Emotional Intelligence - a set of abilities and skills concerned with perceiving and managing emotional states in oneself and others. The neurobiology of emotions, how emotional states "hijack" people's behavior, and the application of emotional intelligence in a variety of personal and interpersonal situations are emphasized. This course is not open to students who are enrolled in or who have received credit for PSY 127. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 128 Positive Psychology

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An introduction to the psychological study of the positive, adaptive, creative, and emotionally fulfilling elements of human behavior and the factors that contribute to people being happy, productive, and well adjusted. This course is not open to students who are enrolled in or who have received credit for PSY 128. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 130 Addiction Studies Practicum

4.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: NUMBER OF TIMES COURSE CAN BE REPEATED: Students enrolled in Cooperative Work Experience may earn up to 8 units of credit per semester not to exceed 16 units in total. Any units earned in any other Cooperative Work Experience course will be included in the 16 unit maximum. Permission of instructor required if student has not satisfactorily completed all other requirements in the degree or certificate prior to enrolling. To participate in Cooperative Work Experience in HUSV 130: (1) Students must volunteer or work in the addiction treatment field, (2) Students must be able to become involved in a new or expanded responsibilities on the job if they are using a job at which they are already employed for this course, (3) the employer must be willing to cooperate with the college in the supervision and evaluation of the student, and

(4) the student must attend all coordination/consultation meetings in addition to other work and class responsibilities. Students enrolled in HUSV 130 may earn 4 units of credit by completing 240 hours of work experience if unpaid or 300 hours if paid. CWE Units Unpaid Placement: 1 unit 60 hours 2 units 120 hours 3 units 180 hours 4 units 240 hours 5 units 300 hours 6 units 360 hours 7 units 420 hours 8 units 480 hours CWE Units Paid Placement: 1 unit 75 hours 2 units 150 hours 3 units 225 hours 4 units 300 hours 5 units 375 hours 6 units 450 hours 7 units 525 hours 8 units 600 hours
Taken together with HUSV 131, HUSV 130 is the capstone course of the Addiction Studies certificate or degree. Provides students with practicum/supervised work experience in an addiction treatment program or facility (4 units/240-300 hours required). Permission of instructor is required if the student has not satisfactorily completed all other requirements in the degree or certificate prior to enrolling. (Fall, Spring) (Letter Grade Only)

HUSV 131 Addiction Studies Practicum Seminar **2.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Provides students with a seminar format in which to discuss, analyze, and critically evaluate their fieldwork experience in local human services agencies as it relates to Addiction Studies. Designed for the student who is concurrently enrolled in HUSV 130. (F,S) (Fall, Spring) (Letter Grade Only)

HUSV 132 Drugs, the Brain and the Body **3.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Advisories: HUSV 110 - Alcohol, Other Drugs, and Addiction ; or SOC 106 - Alcohol, Other Drugs, and Addiction ; or PSY 106 - Alcohol, Other Drugs, and Addiction

Provides an overview of the pharmacology of drugs in substance use disorders with emphasis on drug effects, how drug effects occur, how the body processes drugs, and health consequences of drug use and addiction. Physiologic aspects of addiction and tolerance are explored. Pharmacologic interventions are integrated with other substance use disorder treatment modalities. This course is not open to students who are enrolled in or have received credit for PSY 132. (Fall) (Letter Grade Only)

HUSV 135 Ethics for Human Services Professionals **3.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

An in-depth exploration of professional ethical standards for human services professionals, emphasizing confidentiality, privileged communication, dual/multiple relationships, professional boundaries, issues of abuse and neglect, the responsibilities and duties of professionals in helping relationships, and the differences between personal and professional relationships. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 140 Co-Occurring Disorders Practicum **2.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: NUMBER OF TIMES COURSE CAN BE REPEATED: Students enrolled in Cooperative Work Experience may earn up to 8 units of credit per semester not to exceed 16 units in total. Any units earned in any other Cooperative Work Experience course will be included in the 16 unit maximum. Permission of instructor required if student has not satisfactorily completed all other requirements in the certificate prior to enrolling. To participate in Cooperative Work Experience in HUSV 140: (1) students must be volunteering or working in the social services or interpersonal helping or related field focusing on the needs of persons with co-occurring substance use and mental disorders, (2) students must be able to become involved in new or expanded responsibilities on the job if they are using a job at which they are already employed for this course, (3) the employer must be willing to cooperate with the college in the supervision and evaluation of the student, and (4) the student must attend all coordination/consultation meetings in addition to other work and class responsibilities.; Students enrolled in HUSV 140 may earn 2 units of credit by completing 120 hours of work experience if unpaid or 150 hours if paid. 1 unit 60 hours 2 units 120 hours 3 units 180 hours 4 units 240 hours 5 units 300 hours 6 units 360 hours 7 units 420 hours 8 units 480 hours CWE Units Paid Placement: 1 unit 75 hours 2 units 150 hours 3 units 225 hours 4 units 300 hours 5 units 375 hours 6 units 450 hours 7 units 525 hours 8 units 600 hours
Provides students with a combination of practicum/supervised work experience in a helping agency or facility that serves clients with co-occurring substance use and mental disorders (2 units/120-150 hours required). Permission of instructor is required if the student has not satisfactorily completed all other requirements in the certificate prior to enrolling. (Fall, Spring) (Letter Grade Only)

HUSV 141 Co-Occurring Disorders Practicum Seminar **2.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Provides students with a seminar format in which to discuss, analyze, and critically evaluate their fieldwork experience in local human services agencies as it relates to co-occurring disorders. Designed for the student who is concurrently enrolled in HUSV 140. (Fall, Spring) (Letter Grade Only)

HUSV 142 Co-Occurring Disorders: Engagement **3.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: NA

Concepts, definitions, and features of co-occurring mental health and substance use disorders emphasizing attainment of empathic engagement with persons who have these disorders. This course is not open to students who are enrolled in or who have received credit for PSY 142. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 143 Co-Occurring Disorders: Integrated Interventions **3.0 units**

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Advisories: HUSV 142 - Co-Occurring Disorders: Engagement ; or PSY 142 - Co-Occurring Disorders Engagement

A study of the intervention to benefit persons who have both psychiatric problems and alcohol or other drug use problems. This course is not open to students who are enrolled in or who have received credit for PSY 143. (Fall, Spring) (Letter Grade or Pass/No Pass)

HUSV 145 Effective Writing for Human Services

3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

A course designed to enable helping professionals and human service workers to prepare written documentation accurately, correctly, and in a professional manner. (Letter Grade or Pass/No Pass)

HUSV 150 Family Studies Practicum

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: NUMBER OF TIMES COURSE

CAN BE REPEATED: Students enrolled in Cooperative Work

Experience may earn up to 8 units of credit per semester

not to exceed 16 units in total. Any units earned in any other

Cooperative Work Experience course will be included in the

16 unit maximum. Permission of instructor required if student

has not satisfactorily completed all other requirements in

the certificate prior to enrolling. Permission of instructor is

required if student has not satisfactorily completed all other

requirements in the certificate prior to enrolling. To participate

in Cooperative Work Experience in HUSV 150: (1) students

must be volunteering or working at a job in the social services or

interpersonal helping field focusing on the needs of families and

children, (2) students must be able to become involved in new

or expanded responsibilities on the job if they are using a job at

which they are already employed for this course, (3) the employer

must be willing to cooperate with the college in the supervision

and evaluation of the student, and (4) the student must attend all

coordination/consultation meetings in addition to other work and

class responsibilities. Students enrolled in HUSV 150 may earn

2 units of credit by completing 120 hours of work experience if

unpaid or 150 hours if paid.

Taken together with HUSV 151, HUSV 150 is the capstone course

of the Family Studies Certificate. Provides students with practicum/

supervised work experience in a social service or interpersonal

helping agency or facility focusing on the needs of families and

children (2 units/120-150 hours required). Permission of instructor

is required if the student has not satisfactorily completed all other

requirements for the certificate prior to enrolling. (Fall, Spring)

(Letter Grade Only)

HUSV 151 Family Studies Practicum Seminar

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Provides students with a seminar format in which to discuss, analyze, and critically evaluate their fieldwork experience in local human services agencies as it relates to Family Studies. Designed for the student who is enrolled in HUSV 150. (Fall, Spring) (Letter Grade Only)

HUSV 160 Family Service Worker 2 Practicum

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: NUMBER OF TIMES COURSE

CAN BE REPEATED: Students enrolled in Cooperative Work

Experience may earn up to 8 units of credit per semester

not to exceed 16 units in total. Any units earned in any other

Cooperative Work Experience course will be included in the 16

unit maximum. To participate in Cooperative Work Experience

in HUSV 160:(1) students must volunteer or work in the social

services or interpersonal helping field focusing on the needs

of families and children, (2) students must be able to become

involved in new or expanded responsibilities on the job if they are

using a job at which they are already employed for this course,

(3) the employer must be willing to cooperate with the college in

the supervision and evaluation of the student, and (4) the student

must attend all coordination/consultation meetings in addition to

other work and class responsibilities. Students enrolled in HUSV

160 may earn 2 units of credit by completing 120 hours of work

experience if unpaid or 150 hours if paid.

Taken together with HUSV 161, HUSV 160 is the capstone course

of the Family Service Worker 2 Certificate. Provides students

with practicum/supervised work experience in a social service or

interpersonal helping agency or facility focusing on the needs of

family and children (2 units/120-150 hours required). Permission of

instructor is required if the student has not satisfactorily completed

all other requirements in the certificate prior to enrolling. (Fall,

Spring) (Letter Grade Only)

HUSV 161 Family Service Worker 2 Practicum Seminar

2.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Provides students with a seminar format in which to discuss,

analyze, and critically evaluate their fieldwork experience in local

human services agencies as it relates to the Family Services

Worker 2 certificate. Designed for the student who is enrolled in

HUSV 161. (Fall, Spring) (Letter Grade Only)

HUSV 170 Concurrent Human Services Practicum

2.0 - 4.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Limitations on Enrollment: Number of times course can be

repeated: Students enrolled in Cooperative Work Experience

may earn up to 8 units of credit per semester not to exceed 16

units in total. Any units earned in any other Cooperative Work

Experience course will be included in the 16 unit maximum.

Permission of instructor required. For students undertaking

a second or second and third practicum concurrently with an

internship (HUSV 120, 130, 140, 150, or 160). To participate

in Cooperative Work Experience in HUSV 170: (1) students must volunteer or work in a social service or helping field, (2) students must be able to become involved in new or expanded responsibilities on the job at which they are already employed for this course, (3) the employer must be willing to cooperate with the college in the supervision and evaluation of the student, and (4) the student must attend all coordination/consultation meetings in addition to other work and class responsibilities. Students enrolled in HUSV 170 may earn 2-4 units of credit by completing 120-240 hours of work experience if unpaid or 150-300 hours if paid. Completion of HUSV 170 concurrently with HUSV 120, 130, 140, 150, or 160 will meet the internship requirement for the Human Services (General) degree or certificate or the Co-Occurring Disorders or Family Studies or Family Service Worker 2 certificates, depending on the completion of remaining degree or certificate requirements.

Allows students to expedite degree or certificate completion by undertaking an additional practicum concurrently with one of the Human Services program internships (HUSV 120, 130, 140, 150, or 160). Provides students with a combination of practicum/supervised work experience in a social services or helping setting (2-4 units/120-300 hours required). The internship course in which the student is concurrently enrolled provides a seminar format in which to discuss, analyze, and critically evaluate their experience in this practicum. Permission of instructor is required. This course may not be used to meet the internship requirement for the Addiction Studies degree/certificate. (Letter Grade Only)

HUSV 189 Independent Projects in Human Services

1.0 - 3.0 units

Acceptable for credit: Transfer CSU

C-ID Course Number: N/A

Courses for students capable of independent work who demonstrate the need or desire for additional study beyond the regular curriculum. Enrollment allows students to pursue activities such as directed field experience, research, or development of skills and competencies under faculty advisement and supervision. Independent projects may be earned in most disciplines. Students wishing to enroll in Independent Projects should contact the appropriate Academic Dean, or an instructor identified in the class schedule. If the project proposed is acceptable to that instructor, a contract will be developed. All contracts for these classes must be completed and approved by the appropriate dean before the last day of enrollment. Units are awarded depending upon satisfactory performance and the amount of time committed by the student to the course. Allowable units vary according to discipline, and are based on the following formula: 1 unit - 48 hours per semester 2 units - 96 hours per semester 3 units - 144 hours per semester (Fall, Spring, Summer) (Letter Grade or Pass/No Pass)